



Cannabis & Palliative Care – Talking Points

1. The Role of Palliative Care

- Focus on quality of life: comfort, dignity, and relief of suffering
- Integrates physical, emotional, spiritual, and social support
- Cannabis is a tool, not a cure — fits into the holistic model

2. The Endocannabinoid System (ECS) in Comfort & Care

- Master regulator: balance of sleep, mood, appetite, pain, immune function
- Eat, Sleep, Relax, Forget, Protect framework makes it simple
- Cannabis activates/supports ECS when natural tone is low

3. Key Symptom Targets for Cannabis in Palliative Care

- Pain: neuropathic & inflammatory relief, reduced opioid use
- Nausea & appetite: THC and CBD for chemo-related and end-of-life symptoms
- Sleep & anxiety: CBD, CBN, and low-dose THC to improve rest and calm
- Mood & spirit supports presence, connection, and peace

4. Product & Dosing Considerations

- Start low, go slow, stay low → minimize adverse effects
- Routes: inhalation (fast), oral (longer lasting), sublingual, topical
- CBD for baseline wellness; THC for breakthrough symptoms
- Encourage journaling & feedback to track outcomes

5. Safety & Precautions

- Side effects: dizziness, dry mouth, anxiety if over-consumed
- Polypharmacy awareness: drug interactions (especially CYP450)
- Special populations: elderly, immunocompromised, frail patients → need extra care
- Emphasize tested, labeled products (look for COAs)

6. Professional & Ethical Approach

- Avoid medical claims unless licensed & within scope
- Use safe, general phrasing: “may support comfort, appetite, sleep”
- Highlight integrative approach: cannabis + conventional care
- Respect patient values, preferences, and goals of care

7. Advocacy & Big Picture

- Growing evidence base, but stigma still a barrier and Clinician education gap remains critical.
- Cannabis in palliative care is about compassion + options + dignity + relief
- Goal: empower patients, caregivers, and providers
- Keep tone supportive, educational, and hopeful.
- Frame cannabis as a complement, not a replacement.



Bloom Hemp CBD Products for Palliative, Hospice and End of Life Care

Bloom Hemp Advanced Focus Tincture *(CBD, CBG, THCV, trace THC Lion's Mane, Yerba Mate, Reishi)*

- Dosing suggestion - ½ dropper @ breakfast & lunch.
- Sharpens mind, memory, mood, energy, and is good for doing legacy work.
- Onset 15 min / duration 4 – 6 hrs.
- Order [HERE](#)

Bloom Hemp Essentials Digestive Tincture *(CBD, CBG, trace THC, Coriander, Cumin, Fennel)*

- Dosing Suggestion - ½ dropper before meals.
- Soothes the gut (nausea, GERD), reduces systemic inflammation.
- onset 15 min / duration 4 – 6 hrs.
- Order - [HERE](#)

Bloom Hemp Advanced T65 Gummies *(CBD, CBG, CBN, THC + pain terpenes)*

- Dosing Suggestion - ¼ - ½ every 4-6 hours for pain, nausea, stress.
- Small dose to lift energy, larger dose to aid sleep at night.
- onset 30 - 60 min / duration 6 - 8 hrs.
- Order - [HERE](#)

Bloom Hemp Advanced Immunity Softgels *(CBD, CBG, CBDA, CBGA – THC FREE)*

- Dosing Suggestion - 1 every 6- 8 hours for supporting the ECS and immune system.
- Acidic cannabinoids reduce systemic inflammation, bacteria, viruses.
- Onset 30 - 60 min / duration 6 - 8 hrs.
- Order - [HERE](#)

Bloom Hemp Muscle & Joint Cream *(CBD, CBG, Botanicals, THC FREE)*

- Dosing Suggestion - Apply topically to areas of soreness every 4-5 hours
- Comforting scent & botanicals for massage and loving touch.
- onset 5 min / duration 4 – 6 hrs. Reapply as needed.
- Order - [HERE](#)

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Call the Nurse Line to discuss and ask questions: 970-404-HOPE (4673)

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